



This newsletter is a publication of Sister Cities of Arlington, Texas

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NEWSLETTER

NO. 24

GREETINGS

Sister Cities of Arlington Friends,

We have successfully completed Arlington's 3rd Christkindl Market because of your dedication and support. Despite the weather and extended market days we still had gross sales of over \$12,000.00. And in spite of those same cold days and nights you persevered with warm smiles and upbeat attitudes. I am sincerely grateful to each and every one of you.

Our stellar setup group and after market packing up team also did an outstanding job. Having a newly designed booth offered challenges, however, we still had the best decorated booth at the market! And, bottom line, it was a great opportunity to spread the word about our organization and our wonderful sister city partnership with Bad Königshofen, Germany.

I also want to thank the volunteer ladies from the Wimbledon Garden Club, the Texas German Society members, Martin High School World Affairs Council members and Northstar School, without whom we could not have covered all the hours of the Market.

Don't forget our meeting, Saturday, February 22, 2014 at 9:30 a.m. at the Division Street Diner (1800 W. Division St.), and please feel free to bring a friend. You may RSVP to Ellen Brooke for the date so we can get a hard head count. We will be electing officers, which may include some of our new members, so you won't want to miss the chance to meet them.

Currently we are planning this year's Christkindl Market. Thank you for your continued support.

Bruce E. Maxwell, Sister Cities of Arlington President.

Coming to & Staying in America

By Christian Jaeger

During our last Sister Cities board meeting, Bruce asked me to write a little story on how I came from Germany to Arlington and what has kept me here for the last 18 years. So here it goes:



In August 1995 I arrived for the first time in Texas (I visited California in 1990 and 1992) and the first thing that got to me was the heat (I am still not 100% used to it). I could not believe how hot it was when my coach picked me up at the airport. The reason I came to Arlington was to play Tennis at UTA (they recruited me in 1994).

It was my goal to get some experience in a foreign country for one year and then return home to

Mannheim (my hometown in Germany). Little did I know that the college experience was so much fun and so I decided to stay at UTA another three years and finish my degree. Shortly thereafter my coach asked me if I wanted to get an MBA and become a graduate assistant for the tennis team. I thought to myself it can't hurt to stay another two years and then go back home with an MBA in my pocket. After I finished my graduate studies, things changed again when my professor recommended me to a small financial services (First Rate) company in Arlington. Yet again, I thought it would be great to get some experience and then move back.

Once more things changed in 2002 when I met my wife who, of course, was born and raised in Texas. Needless to say, some 13 years later I am still in



Arlington and still work for First Rate, which has grown from about 30 people to over 90 folks since I have been with them. It was through Dave Stone, the founder of First Rate, that I got to meet Bruce and the Sister Cities

organization. I have been associated with Sister Cities for two years now and it has been a great experience. In November of last year Mindi and I had our first child (Sophie) and she is a true Germanican.

The birth of Sophie was also the reason my parents came for a visit. They wanted to meet their first grandchild. Naturally I brought them to the Christkindl Market so they could experience a little piece of Germany right here in Arlington. They had a great time here (especially my Mom shopping), and special thanks to Shelia, Don, Werner and Christel who made them feel like family during their visit.

It has been over 18 years since I first stepped off the plane at DFW and it has been a wonderful time. No matter what the future holds, UTA, Arlington and the Sister Cities organization will always have a special place in my heart.



HOW MUCH DO YOU KNOW?

1. In 1968 the first group of Arlington residents visited Königshofen. With what organization was that group affiliated?
2. In 1974 Königshofen's name changed to Bad Königshofen. Why?
3. Who represented Arlington at the ceremony when the town's name changed to Bad Königshofen?
4. Of what significance to Arlington is a boulder that Bad Königshofen placed in its city park in 1985?
5. The first group of Bad Königshofen residents visited Arlington in 1988. What sister city-related site in Arlington was dedicated on the occasion of that visit?

A RECIPE FROM OUR SISTER CITY

By Martha Liehse

A beautifully compiled cookbook published last year in Bad Königshofen provides lots of traditional recipes from the Grabfeld region, the geographical area where our sister city is located. The book, "Historische Fränkisch-Thüringische Grabfeldrezepte," was co-authored by area residents Philipp Sebald and Jan Schöppach, who in the introductory pages explain that the book's purpose is not only to familiarize the reader with the region but also to help preserve traditional recipes.

They collected the recipes, some of which date back to the 18th century, from numerous sources around the region and added photos as well as sayings that have to do with food and cooking. (One saying – "Manchmal sind die Augen größer als der Magen" – is even familiar to us in our language: "Sometimes the eyes are bigger than the stomach.")

The authors have given us permission to include in our newsletter a translated recipe from the book. Note that for most of the ingredients exact amounts are not given, and the number of servings is also not given. The authors explain that that was typical of many of the recipes they found. The cook knew from experience how much of each ingredient was needed!

Red Cabbage (Rotkraut/Blaukraut)

1 to 2 heads of red cabbage
bacon
1 T. salt
flour
onion
cloves
vinegar, if desired
apple

Clean and wash the red cabbage and cut it into pieces that can be sliced or cut into smaller pieces. Cut the bacon into ¼-inch cubes, put it into the pot that the cabbage will be prepared in, and fry till crisp.

Now put the cabbage into the pot and add the salt. Stick about four cloves into the peeled and not-too-large onion and position it in the cabbage. Add some bouillon or water and let it cook.

Cabbage dishes are said to taste better when they have been warmed up at least two times; that is indeed the case with red cabbage.

If you like your cabbage with less broth, let it cook until there is less. Taste the cabbage and add the small pieces of apple and also the vinegar, if desired. Sprinkle a tablespoon of flour over it to make the cabbage creamier.

When warming it up again, however, take care that it does not burn.

Potato dishes and sausage and meat go well with this red cabbage.

UPDATE ON VISITORS TO ARLINGTON

By Ellen Brooke

Steve and I were happy to hear from our German hosts, Margot & Alfons Kuhn, that their daughter Daniela and fiancé Johannes Mühlfeld were wed in a civil ceremony in November. Daniela and Johannes were our guests during the last visit in September 2012. Bürgermeister Thomas Helbling officiated the ceremony at the Rathaus in Bad Königshofen.



REMINDER

It is time to renew your yearly membership.

Individual dues \$20; Family \$30. You may send your check, payable to Sister Cities of Arlington, to Ellen Brooke, Mayor and Council Office, PO Box 90231, Arlington, TX 76004; or if you are planning to attend the Annual Meeting on February 22, you may update your membership at that time.

DATES TO REMEMBER

Mark your calendars for our Fall Picnic, Friday, September 19, 2014 at S.J. Stovall Park.

Answers to “How Much Do You Know?”

1. The first group to visit was an Arlington Girl Scout troop.
2. Königshofen became Bad Königshofen when the town received the approval of the Bavarian government to become an official wellness resort town.
3. General Willard Latham, an Arlington native stationed in Germany at the time, represented Arlington.
4. The boulder was placed in the city park that Bad Königshofen had named “Arlington-Park” and

bears the name of the park and the Arlington city logo.

5. Bad Königshofen Recreation Area, a part of today's S.J. Stovall Park, was dedicated.

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